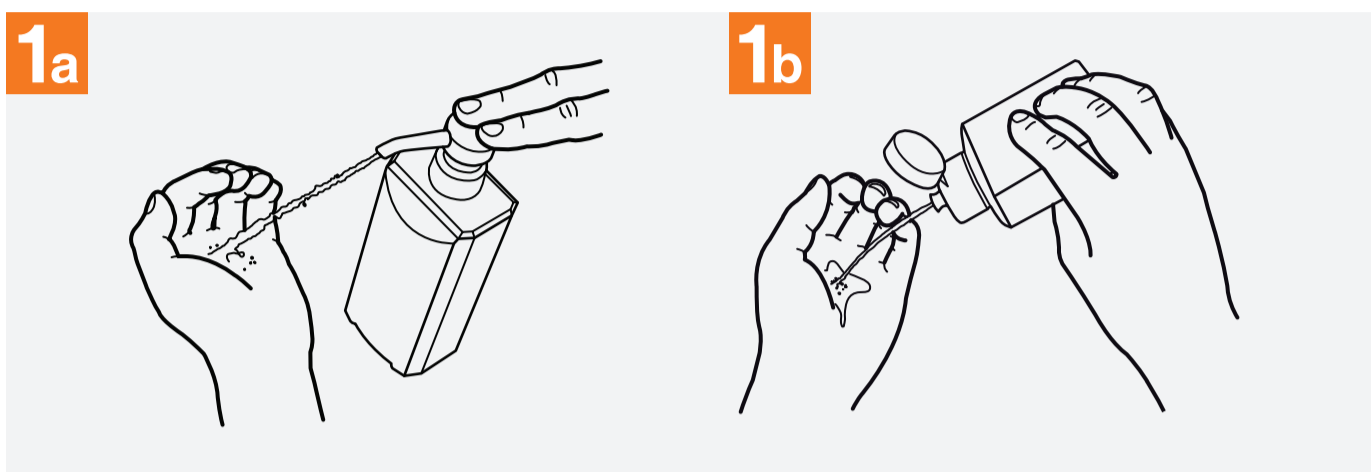


Kako trljati ruke?

**TRLJAJTE RUKU SREDSTVOM NA BAZI ALKOHOLA ZA HIGIJENU RUKU!
OPERITE RUKU KADA SU VIDNO ZAPRLJANE**

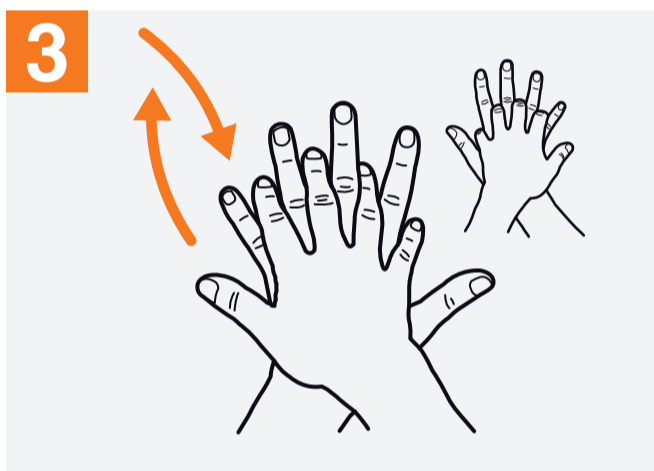
 **Trajanje cijelog postupka: 20-30 sekundi**



Nanesite sredstvo na poluotvoreni dlan u skupljenoj šaci, pokrivajući sve površine;



Trljajte ruke dlan o dlan;



Desni dlan preko lijevog dorzuma s isprepletenim prstima i obrnuto;



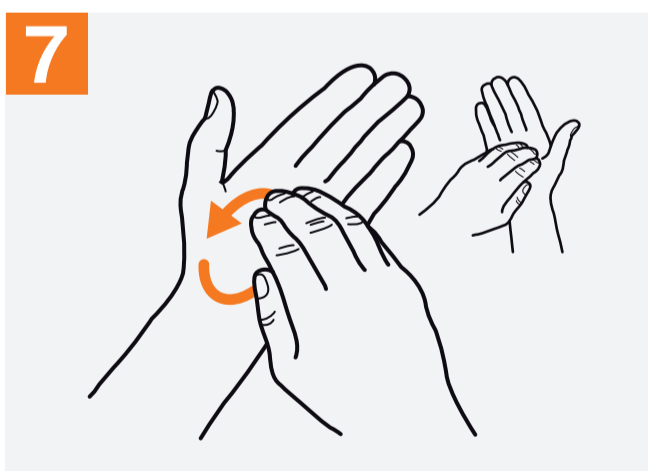
Dlan o dlan sa preplitanjem prstiju;



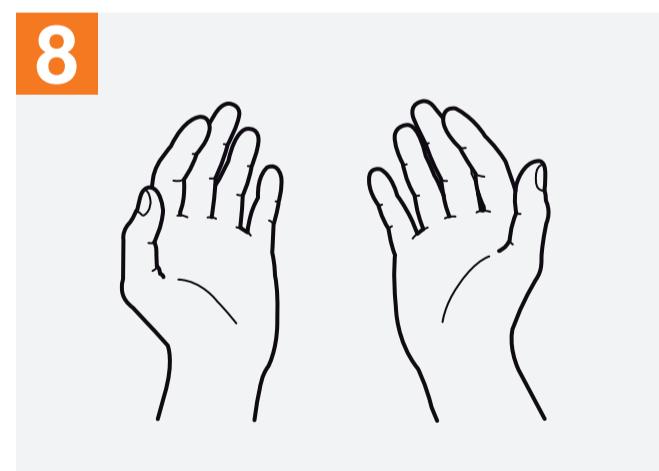
Zadnje strane prstiju o suprotne dlanove sa spojenim prstima;



Rotaciono trljanje lijevog palca sklopljenog u desni dlan i obrnuto;



Kružno trljanje lijevog dlana, naprijed i nazad sa sklopljenim prstima desne ruke i obrnuto;



Kada se osuše, vaše ruke su bezbjedne.



World Health Organization

Bezbednost pacijenta

Svjetska alijansa za bezbedniju zdravstvenu zaštitu

SPASITE ŽIVOTE
Operite Vaše ruke

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